Lesson 4: How To Prioritize

Learning Objectives: To know why it’s important to prioritize
To learn how to do it

All Students Will Define prioritizing
Most Students Will Consider why we need to prioritize
Learn the ‘Pickle jar’ theory
Some Students Will Suggest ways to apply these techniques

Useful resources if you can get them:

- A glass jar, big enough for the students to see
- Stones to fit in the jar
- Smaller stones to fill it up a bit more
- Sand
- Water

Starter: The ‘Pickle Jar’ theory
Use the resources above and/or explain it (see Resources below)

Introduction: Why is prioritizing necessary?
Discuss why we can’t do everything we want to.

Development: What are your priorities?
Students could list and/or discuss two versions of this:

1. What their priorities are.
2. What they think their priorities should be.

Is there a difference between the two? Why?

Consolidation: How to Prioritize
Students brainstorm ways to decide what to do and when. Teacher could share how they personally prioritize. Would it be relevant for students?

Plenary: ‘What will I do?’
Students write down three ways they could prioritize more effectively based on the answers that come from the previous activity.

Resources: